



ACE Red Deer Program

Spring 2020

Collicutt Centre

Location: 3031 30th Avenue, Red Deer.

Class Times: Mondays & Thursdays 12:15 – 1:15 pm.

Dates:

Baseline Fitness Testing: Thursday, April 2 @ 9:30am – 11:45am

NOTE: You will be booked for a 45 minute time slot during this time.

Exercise Classes: April 6 – June 29, 2020.

Program Offering: Circuit Training Class.

Facility Website: <http://reddeer.ca/recreation-and-culture/recreation/recreationfacilities/collicutt-centre/>

Contact information for ACE:

Email: acereddeer@ualberta.ca

ACE Toll-free phone number: 1-888-452-6875

Website: www.albertacancerexercise.com