



LETHBRIDGE PROGRAM

FALL 2019

Lethbridge College

Location: 3000 College Drive South, Fitness Studio PE2408

Class Times: Tuesdays & Thursdays @ 10:00 – 11:00 am.

Dates: September 10 – November 28, 2019.

Baseline Testing: September 10, 9:30 – 10:50 am in Gym C.

12-week Testing: November 28, 10:00 – 11:00 am in Gym A.

Program Offering: Circuit Class.

Facility Website: <https://lethbridgecollege.ca/departments/recreation-services>

Contact information for ACE:

Email: ace@ucalgary.ca

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