



## **ACE Lethbridge Program**

### **WINTER 2020**

#### **Lethbridge College**

**Location:** 3000 College Drive South, Fitness Studio PE2408

**Class Times:** Tuesdays & Thursdays @ 10:00 – 11:00 am.

**Dates:** January 7 – March 26, 2020.

**Baseline Testing:** January 7, 10:00 – 11:30am in Gym A.

**12-week Testing:** March 26, 10:00 – 11:30am in Gym B.

**Program Offering:** Circuit Class.

**Facility Website:** <https://lethbridgecollege.ca/departments/recreation-services>

#### **Contact information for ACE:**

**Email:** [ace@ucalgary.ca](mailto:ace@ucalgary.ca)

**Phone number:** 403-210-8482

**Website:** [www.albertacancerexercise.com](http://www.albertacancerexercise.com)